



Maharishi Purusha Capital of the Western WorldSM

Come and Enjoy the Deep Silence at the *Purusha Capital*SM in West Virginia

MEN'S 2025 COURSE SCHEDULE

A number of top leaders of the TM[®] organization will be joining us for courses throughout 2025. Dr. Bob Roth, a long-term member of Purusha and CEO of the David Lynch Foundation, will lead a one-week WPA in March; Dr. Neil Paterson, a highly inspiring leader of our international organization, will lead a WPA in May; Dr. John Bright, an expert in Vedic Science, will lead a two-week WPA on the Bhagavad Gita and the Upanishads in August; and, finally, TM-Sidhi[®] Administrator, Dr. Doug Birx, will return to hold yet another special TM-Sidhi[®] Refresher course/WPA in October. In addition to our traditional WPA courses, we will be holding four very popular four-day weekend TM Retreats for Meditators with the option to learn an Advanced Technique. (Please see the course schedule below for more details on all our courses.)

World Peace Assembly Schedule (WPAs)

World Peace Assemblies offer an opportunity to gain deep and revitalizing rest while enjoying extended practice of the TM and TM-Sidhi programs. Sink deep into the soft, silent atmosphere of Purusha on its pristine and secluded 500-acre campus. This is a place to totally relax, switch off, and dive deep into your experiences while living in Maharishi Vastu[®] Architecture designed buildings. The combination of spacious rooms, panoramic views, delicious vegetarian cuisine, lively company, and profound talks by Maharishi, all contribute to a delightful experience.



Dr. Bevan Morris WPA



Maharishi Vedic Leadership Forum Course



Dr. Doug Birx WPA

WPA with Dr. Bob Roth: March 8 (Saturday) to March 15 (Saturday), 7 nights, \$1200.

Dr. Bob Roth, a long-term member of the Maharishi Purusha Program and CEO of the David Lynch Foundation, will be leading this special one-week World Peace Assembly. Dr. Roth is one of the most experienced and sought-after teachers of Transcendental Meditation in the United States. Over the past 50 years, he has taught TM to thousands of individuals, and is the author of one of the most definitive books on TM, the New York Times bestseller "Strength in Stillness: The Power of Transcendental Meditation" (Simon and Schuster, 2018).

As CEO of the David Lynch Foundation, he has helped provide TM scholarships for over a million urban youth, countless veterans suffering from post-traumatic stress, survivors of domestic violence and sexual assault, and frontline healthcare workers. He also directs the Center for Resilience, which is bringing TM to Fortune 100 companies, government and military organizations, as well as other community service organizations. He has spoken about the science of meditation to industry leaders at such gatherings as Google Zeitgeist, Aspen Ideas Festival, Wisdom 2.0 Summit, Global Wellness Summit, and CURA's Unite To Cure at the Vatican.

We are fortunate that Dr. Roth had made time in his busy schedule to lead this WPA. This is a special opportunity to both dive deep into experiences as well as to hear about the latest successes of bringing the experience of transcending to millions of people around the world.

MEN'S 2025 COURSE SCHEDULE

WPA with Dr. Neil Paterson: May 17 (Saturday) to May 24 (Saturday), 7 nights, \$1200.

This course is led by one of the most inspiring leaders in the TM organization – TM-Sidhi Program Administrator and Advanced Technique teacher Dr. Neil Paterson. Dr. Paterson will review the practice of the TM-Sidhi program and meet personally with those who have questions about their TM-Sidhi program and Advanced Technique practice. There may also be an opportunity to learn an Advanced Technique, depending upon demand.

Neil worked extensively with Maharishi for well over 30 years, and is currently working closely with Maharaja Adhiraj Rajaraam. Most recently, he has been helping establish Maharishi Vastu campuses for Maharishi Vedic Pandits in India and Nepal. He will meet daily with course participants to answer their questions, whether about Maharishi, higher states of consciousness, or points regarding the subtle practice and experience of the TM-Sidhi program.

Here are some comments from participants at one of his courses:

- “Neil manages to simultaneously be eloquent, comprehensive and down-to-earth.”
- “As the week went on, my program became more and more effortless and brought my program to a level I’ve never experienced before. Best of all, that new depth of experience appears to now be a permanent part of my program at home.”
- “Best course I’ve been to since learning the TM-Sidhis in person with Maharishi.”



Silence WPA



Dr. Neil Paterson WPA

Guru Purnima WPA: July 5 (Saturday) to July 12 (Saturday), 7 nights, \$1200.

Guru Purnima is that special time of year when we celebrate the fullness of Vedic knowledge given to us by Maharishi and Guru Dev. We will celebrate this profound time of year by watching the annual celebration in MERU, Holland, featuring Maharaja and leaders of the Global Country of World PeaceSM. This course will also include videos of Maharishi speaking about his years with Guru Dev. One word characterizes the experience of the Guru Purnima WPA – fulfillment – both in and out of program.

WPA on the Bhagavad Gita and the Yoga Sutras, led by Vedic scholar John Bright, PhD

August 9 (Saturday) to August 23 (Saturday), 14 nights, \$1600

Dr. Bright spent many years working intimately with Maharishi, and for over 20 years led weekly Gita study groups at his local TM center in Palo Alto, CA. Comments made by previous course participants include:

- “Raja John Bright's course is Purusha's best kept secret!”
- “These were the most lively, insightful discussions I've had at any course in twenty years.”
- “I walked away with unprecedented access to the Gita and Maharishi's brilliant commentary.”

Please join us for this unique opportunity to dive deep into the transcendent while correlating your experiences with the Gita and the Yoga Sutras. As Chapter Two, verse 40 of the Gita says, “Even a little of this Dharma delivers from great fear.” You will leave with a renewed experience and understanding of the Gita as a personal guidebook for the development of higher states of consciousness.

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MEN'S 2025 COURSE SCHEDULE

WPA with Dr. Doug Birx: October 11 (Saturday) to October 18 (Saturday), 7 nights, \$1200.

This course is a special opportunity to spend time with one of the great leaders of the TM organization and refresh your understanding of correct practice of the TM and TM-Sidhi programs. Over the past 48 years, Dr. Doug Birx has taught many thousands of people the TM-Sidhi program in more than 90 CIC Courses, and Maharishi named him the “Master Checker”.

Course participants enjoy Doug’s warmth and wisdom as he discusses experiences and conducts a thorough review of correct practice of the TM-Sidhi program. There will also be an opportunity to meet with Doug privately about your TM-Sidhi practice. His courses typically fill up, so be sure to reserve a room early.

Some comments from prior courses:

- “This WPA is the best one I've ever attended in my 41 years of TM and Sidhis practice.”
- “My program was totally transformed during this course.”
- “Doug completely eliminated any trace of effort that I'd been having in program.”
- “I couldn't believe how generous he was with his one-on-one consultations. Program has become so blissful.”
- “I loved his warmth and easy-going manner. So inspiring.”

Silence WPA: December 29 (Sunday) to January 9 (Thursday), 11 nights, \$1750 or December 29 (Sunday) to January 13 (Monday), 15 nights, \$2150.

For decades, wherever we happened to be, Purusha spent the first seven days of January in Silence along with Maharishi. We invite you to join us in this annual tradition that starts each New Year from a platform of profound silence and deep experience of the TM and TM-Sidhi programs. The course includes afternoon and evening meetings with videos of Maharishi. The Silence WPA has been a favorite of many course participants due to the depth of experiences that are often gained during this longest WPA of the year.

TM Retreat/Advanced Technique Courses for Meditators

We will be holding four TM Retreat/Advanced Technique courses in 2025. This is a special opportunity for meditators to enjoy a three-night TM Retreat with the added opportunity to learn an Advanced Technique. For more details and to apply please visit the maharishipurusha.org website.

Maharishi Purusha ProgramSM and Taste of Purusha Courses

The Maharishi Purusha Program is for single men who desire to live in an ideal environment in order to achieve rapid growth towards full enlightenment. We offer Taste of Purusha Courses for those who would like to join us for up to two months and experience a “taste” of what it is like to be on Purusha. Please note that a minimum of two course participants is needed in order to hold a Taste of Purusha course. For more information and/or to apply, please visit the Taste of Purusha page on PurushaCourses.org, the Maharishi Purusha Program page on Purusha.org, and MaharishiPurusha.org for courses and programs for younger men.

Please visit our website for our COVID precautions policy

Apply online at www.PurushaCourses.org

If your individual travel arrangements require that you arrive a day early or leave a day later from the course, please inform our office at courses@purusha.org. There is an additional course fee of \$95 per night. We also offer a discount for full time students or anyone working full time in the TM organization. Please contact us for more details. Governors who are interested in being guest WPA course leaders should email us at courses@purusha.org

